Chart: Chrono Log (9:29:00 - 17:30:05)

Suunto Activity Manager
3.4.2008

Altitude		Ascent / Descent	
High	1961 m	Max asc	0 m/s
Low	1247 m	Avg asc	0 m/s
Avg	1647 m	Tot asc	922 m
Ascent	03:07.00	Max dsc	1 m/s
Flat	02:26.00	Avg dsc	0 m/s
Descent	02:28.00	Tot dsc	979 m
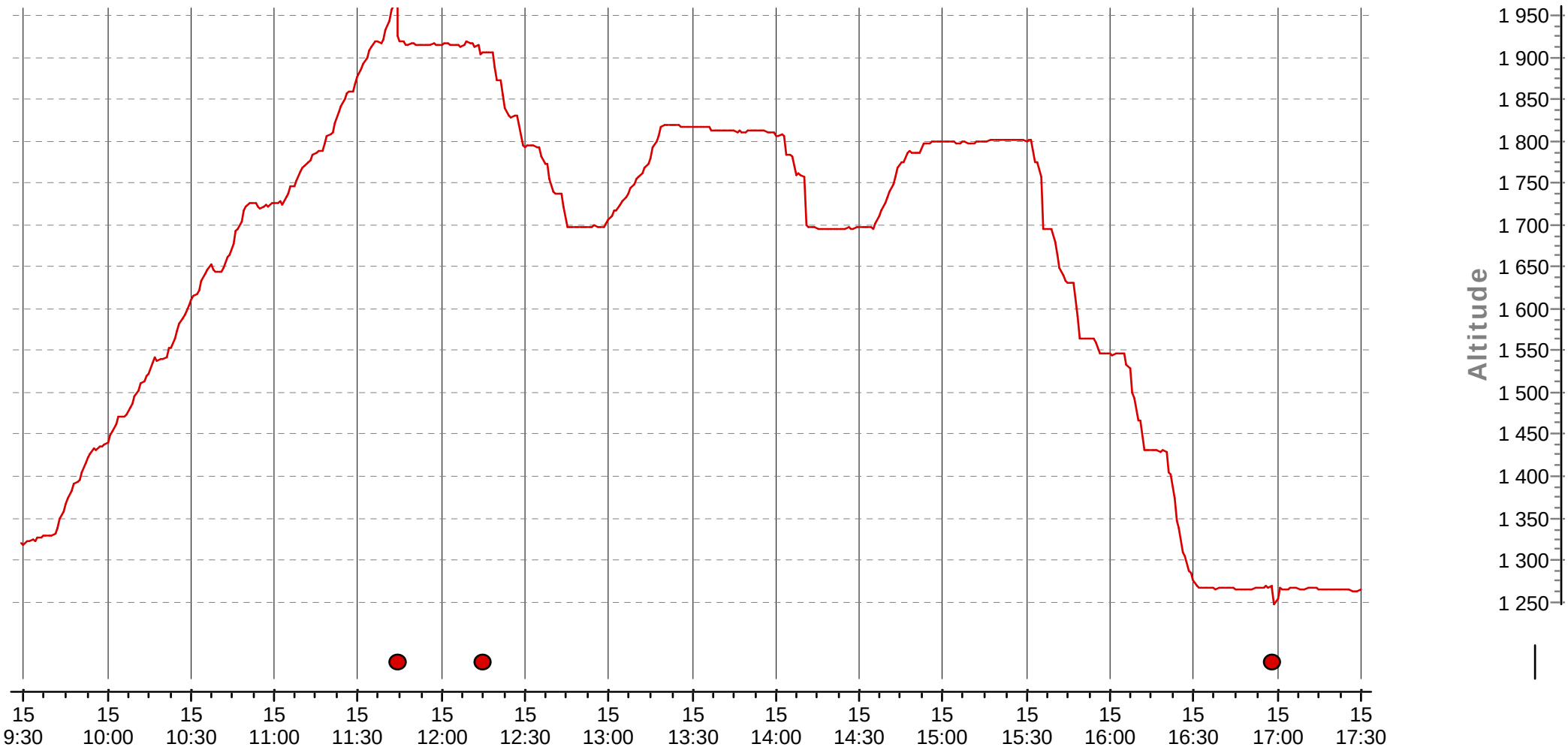
Chart: Chrono Log