

Altitude		Ascent / Descent	
High	4089 m	Max asc	15 m/min
Low	1527 m	Avg asc	4 m/min
Avg	3057 m	Tot asc	896 m
Ascent	03:59.00	Max dsc	273 m/min
Flat	04:59.00	Avg dsc	14 m/min
Descent	03:14.00	Tot dsc	2783 m

Monte Rosa 2006

2006-08-23 Wed

Rif. Emiele d' Ayas – Pollux - Breithornpass – Kl. Matterhorn – Zermatt (Tasch, Randa)

